Voice of the Morning

Morning Chapel Christian Methodist Episcopal Church

May, June, July 2015

Morning Chapel CME Church

903 East 3rd Street Fort Worth, TX 76102 (817) 332-4842 info@morningchapel.com www.morningchapel.com

Reverend Doctor Willa M. Ross,
Pastor
Reverend Russell O. Fuller, Sr.
Presiding Elder
Sr. Bishop Lawrence L. Reddick III.
Presiding Prelate

Schedule of Activities

Sunday School — 9:30 am Sunday Morning Worship—10:45am Wednesday--Bible Study — 7:00 pm

Voice of the Morning Committee: Editors-in-Chief:

Birdia Fletcher and Shabra Watkins Layout Designer:

Birdia Fletcher

Writers:

Yvette Caldwell, Johnette Calhoun, Takiyah Evans, Tamiyah Fletcher, Christal Griffin, Linda Griffin, Katrina Jefferson Carter, Acacia Nolan, J. P. Barron, Shabra Watkins, and Shuntel Johnson Dangerfield



From the desk of Reverend Doctor Willa M. Ross



As I pen these words for this edition of the Morning Chapel CME Newsletter it is hard to believe that almost a year has passed since I was appointed as Pastor. The feelings of anticipation, excitement and yes some uncertainty as I walked through the doors of the "Old Rock Church" for the first time are still very fresh. And although the feelings of uncertainty have dissipated I can say that the anticipation and excitement continues. As this conference year comes to a close I am convinced that God is up to something at the "Old Rock Church," on the corner of Third and Crump.

While it is difficult at times to express in words the vision that God has given to me your servant leader, I am assured of the ministry and mission to which we have been called to participate in together is continually evolving. Isaiah 43:16-19 from the Message Bible says,

"This is what God says,
the God who builds a road right through the ocean,
who carves a path through pounding waves,
the God who summons horses and chariots and armies—
they lie down and then can't get up;
Forget about what's happened: don't keep going over old history.
Be alert, be present, I'm about to do something brand-new.
It's bursting out! Don't you see it?"

This is what I hear God saying to us at Morning Chapel as we journey together to discern God's vision. I have observed over these past few months the Holy Spirit moving in awesome and unpredictable ways. I hear God saying to us "be alert, be present," look at me – watch me – listen to me – follow me. God's vision for Morning Chapel is bursting out! Don't you see it?

This article comes as an invitation and a challenge to every member and every "would be" member of Morning Chapter to be an active participant in constructing and implementing God's plan for us. Over the last few months we have been meeting together in Strategic Planning Sessions to craft the vision and mission that will guide and direct us in the ministries that God is calling us to.

Inside this Issue

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From the Pastor's Desk (continued)

I have shared often with members and colleagues the beauty and uniqueness of the Morning Chapel congregation. God has blessed Morning Chapel with the DNA of an intergenerational community. It is a rarity these days to find children, youth, young adults, middle-aged adults and senior adults learning together, serving together and praying together. God has set the stage for us to do this "something brand-new."

We have what we need to begin, we simply need to follow the directions the LORD which were given to the prophet Habakkuk and that is to "Write the vision; make it plain on tablets, so that a runner might read it. For there still is a vision for the appointed time; it speaks to end, and does not lie. If it seems to tarry, wait for it; it will surely come, it will not delay."

I close this article for the last edition of the Conference year with words of encouragement and hope. As we continue in the Season of Pentecost, we are reminded that we have received power through the Holy Spirit to be witnesses to the Good News of Jesus Christ. Despite the chaos and uncertainties of our present times, despite our seemingly limited resources, we are more than conquerors through God who loves us. Let us move forward in the new conference year with a renewed commitment, working together to *IMAGINE THE VISION* and then **FULFILLING THE VISION** that God has declared for Morning Chapel CME Church.

Be alert and attentive to the dates and sessions planned to continue our Strategic Planning and Vision Casting.

Peace, Love and Joy,

Pastor Ross

Pentecost Sunday

By: Shuntel Johnson Dangerfield



When it comes to church holidays, Christmas and Easter gets all the attention, but what about Pentecost? Pentecost Sunday is the day that the church was born. It's the day the Holy

Spirit descended on the apostles. Each year it is celebrated 50 days after Easter Sunday in which it gets its name, "Pentecost". In Greek Pentecost is the word for 50.

This year Morning Chapel celebrated Pentecost on May 24, 2015, in a birthday soul train line.

Our beloved Pastor, Dr. Willa Ross added her own flare to the celebration by asking all members to wear colors pertaining to their birthday month. Captains and colors were chosen for each month. All the



members truly got in the spirit of Pentecost with their creative posters and team dances, salutes, and chants. This celebration was truly a sight to see. As you looked around the congregation admiring all of the beautiful colors and the togetherness, you could see the excitement this day



brought to the church on everyone's face. You could also feel the Spirit moving within the walls of the Old Rock Church. Pentecost served its purpose this year with a "New Beginning" of a new way

to celebrate Pentecost. We hope next year can bring an even better experience.

147 Years Building on Faith and Family ... Still More to Come!

By: Johnette Calhoun

147th Morning Chapel CME Church Anniversary

Praise Party



This year's church anniversary had a great kick off with a dynamic Praise Party sponsored by Morning Chapel Young Adult Ministry on May 15, 2015. The theme this year was READY FOR WAR "Declare this among the nations: Prepare for war! Wake up your elite forces! Let all soldiers draw near! Call them up! Joel 3:19.

This year we were hosted by the Anointed Minister Kevin Brigance from the Trinity Harvest Church. He had every one pumped up along with Morning Chapel Mass Choir who doing the electric slide. Everyone came dressed in their army fatigue, like they were really ready for war. It was a blessing to see so many young people excited about being ready for war for Jesus. We enjoyed many singers and praise dancers. We can always count on our return guest Brandon Crowder and Thermostat Mimes who brought down the house with their dynamic Mime dance interpretation. Kudos to young adult director Katrina Jefferson Carter and the Young Adult Ministry for kicking us off with a great start for our 147th Church Anniversary.

Morning Service

Morning service for our 147th Church Anniversary was held May 17, 2015. Johnette Calhoun served as our worship leader.

The message was brought to us by Sandra Coaxum Allen 1st lady of Zion Baptist Church in Omaha Nebraska, who also grew up in Morning Chapel. Her



subject was we need to "leave a legacy". We have to use Loyalty, Laughter and Love in order to leave a legacy. Sandra gave us a very heart felt message leaving us with a lot of memories of past members. We also had facts of things that happened the same year that Morning Chapel was founded, read by Sis. Paula Patterson. Praises to God for a very uplifting service.

After service the food committee lead by sister Mattie Roberts prepared a very scrumptious and fulfilling meal. Which made it hard to prepare for and evening service? Kudos to Sis. Roberts and the food committee.

Evening Service



Our guest church for evening service was North Park C.M.E. Church in Dallas where the Pastor is Rev. Kenneth Hollingshead. Rev. Hollingshead also left us with an inspiring

word from God. He told us that we have to "Stay Focused". In order for us to stay focused we have to have the three D's. 1. Dependable 2. Dedicated 3. Determined. We had praises from Morning Chapel Mass Choir and also from North Park Mass choir under the direction of Recording Artist Yarbrough and Peoples. We were very blessed to have North Park Celebrate with us. Kudos to Aisha Barron and Johnette Calhoun co-chairs 147th Church anniversary. And a special thanks to each and every committee that worked hard to make it a success.

Leadercast

By: Takiyah Evans

2015 Leadercast — The Brave Ones

This year Morning Chapel hosted Leadercast 2015. As a church community we need better leaders in our communities, businesses, organizations and in homes across America. Individuals must choose to operate in ways that make them worth following. Each one of us must exhibit certain behaviors that make our leadership come to life for those around us who are looking for someone to follow.

An essential behavior for any leader is the act of bravery. Bravery is not attributed to everyone, but is reserved for those whose innovation in their industry cause them to stand out from the crowd, whose unyielding effort and error push their organizations into new territories, and whose boldness compels them to stand up for those less fortunate. These are the Braves Ones.

On May 8, 2015, the Leadercast event was broadcasted LIVE from Atlanta, GA to hundreds of sites around the world, including Morning Chapel CME Church This year's speaker lineup includes:

Andy Stanley - Leadership author and communicator **Malala Yousafzai** - Nobel Laureate; Founder, The Malala

Ed Catmull - President of Pixar & Disney Animation Studios **Seth Godin** - Best-selling Author

Rudy Giuliani - 107th Mayor of New York City (1993-2001)

Aja Brown - Mayor, City of Compton **Bill McDermott** - CEO of SAP AG

CMDR Rorke Denver - Navy SEAL Commander & Author Bill & Giuliana Rancic - Award-Winning Personalities & Co -Hosts of Leadercast

And more!

Leadercast exists to positively change the way the world thinks about leadership. This year's theme—The Brave Ones — challenged leaders to lead with a sense of Bravery, possessing a posture of unrelenting boldness. With over 70 in attendance across various industries, societies and at every level of leadership, they were able to explore The Brave Ones, and learn what it means to lead in such a way that creates bold cultures, build faithful employees, and produce high achievement.

Hat Show and "Hattitude Sunday"

By: Aisha Barron



On Saturday, May 30th the Women's Missionary Society of Morning Chapel held their 2nd Annual Hat Show and as expected, this year's event did not disappoint. If you missed it, you missed an exciting fashion

show and outstanding vendors. There were dresses, suits, tops, bags, key rings, scarfs and of course, hats. The hat vendor, George Killingworth displayed hats of all shapes, sizes, color, etc. There were big hats, small hats, green



hats, blue hats, wide brimmed hats, mad hatter hats, you name it; it was there. The icing on the cupcake was the models. They not only modeled, but "worked" the hats. They showed us you cannot judge a hat by what it looks like on a table, but you must place it on your head for it to come alive.



So, what do you have ... an "Over the Top" Hat show? You got it, wear your hat to Sunday Service. Sunday, May 31stthe Missionaries celebrated "Hattitude Sunday". All the ladies and girls looked gorgeous

with their "Head Gear". Even Pastor participated with her beautiful head wrap. Our messenger for the day was Sis. Birdia Fletcher. After she was introduced by her vibrant and lively grandchildren, she brought an uplifting message telling us to Work, Be a servant, Give from our hearts

and the Tell Others about God.

It was a wonderful and Bless day filled with love and fun.



FWD Youth & Young Adult Conference

Relational – Relevant – Refreshing

Theme: The Investment Factor: A Changed People, A Changed World

By: Taniyah Carter



I had the opportunity to attend the Ft. Worth Youth and Young Adult Conference held on June 20, 2015 at Ezell Chapel. The young adult morning group session allowed us to discuss how

we can bridge the generational gaps that exist within the church to stay relevant for today's congregation while maintaining traditions that make us a part of the C.M.E. church. It is important for the young adults of our congregations to step up and take on leadership roles that will help grow the church and connect the various age groups that exist. The connection comes from understanding the mindset of each age group. With that understanding, we are able to share ideas on programs and outreach and integrate different approaches to the way things are done that will appeal to all.

Here at Morning Chapel, we are at the forefront of this movement with our young adult department serving as an example to other C.M.E. churches doing things that mesh the old traditions while creating new ones.

At the conference, the young adults also had a chance to serve on a panel to give the children and

youth a chance to ask questions about growing up in today's world and maintaining your Christian beliefs. They were also given advice on how to make good choices when others around them are making



poor ones. The young adults also encouraged the youth and children to surround themselves with other kids who want to do the right thing and be successful.

We ended the day with choir rehearsal to prepare for the Annual Conference and election of district officers. This was followed by a worship service and Rev. Tyrone Pettiford gave the sermon. It felt good to be in attendance, be encouraged and be reminded of our reasons for continuing this Christian walk.

Creating and Developing Young Leaders in the Church

By: Takiyah Fletcher



Leadership Training School is a time for the youth of our church to build on their leadership skills and abilities through God centered activities. Leadership Training School allows our youth to witness how God lives within each of us no matter how young a person is and to know how God wants us to be leaders for Christ. Also Leadership Training School is a time for youth the mix and mingle among other youth around the 8th Episcopal District.

This year's Leadership Training School was June 14-17, 2015 at Kirkwood Temple CME Church in Dallas, Texas. There were 7 youth from our church to attend and 3 adults, in addition Morning Chapel received 3rd place for the number of registered attendees. This was an exciting group and several had never been to Leadership Training School. The group truly enjoyed themselves immensely, they enjoyed the classes, worship services and most of all, the trip to Bahama Beach Waterpark.

This year's Leadership Training School was a great experience for our youth and I hope that they have taken away some valuable things about our Lord and Savior and can apply them to their daily lives so that they may live for Christ and become the leaders that they are destined to be.

Vacation Bible School Filled With Worship and Fellowship

By: Shabra Watkins



What a great week of learning and fellowship we enjoyed during Vacation Bible School this year! Our lesson and theme was "Shining Star, See the Jesus in Me!," taken from the scripture Matthew 5:14a " You are the light of the World". The bible lessons were: Hearing God's call, Keeping to God's path, Jairus' daughter gets up, Living as Children of God and

Shining like Stars.

Vacation Bible School was held for the entire week. With the assistance of some great teachers and awesome volunteers, VBS was a great success. Our enrollment was between 65-75 nightly. We had the chore of feeding every night a group of hearty appetites a full dinner meal. This way our families could stay late and not have to worry about dinner after VBS was completed.

To the dedicated teachers for the week, you were prepared, patient and dedicated to the word of God and delivered the message of Shining for Jesus every night.

Our teachers were:

Acacia Nolen and Adria Harris- Ages 0-3 Melissa Kelly- ages 4-7 Micaela Watkins- Ages 8-12 Taniyah Carter- Ages 13-17 Anthony Dangerfield- Young Adults Takiyah Evans - Adults Johnette Calhoun, Linda Griffin and Christal Griffin -Arts and Crafts Angela Bell- Music

Thank you Aisha Barron for all of your administration work (and keeping us on time) and to the Male Ministry for helping with clean up nightly.

To the wonderful volunteers helping with preparing meals every day and serving, I could not have done this without you-Paula Patterson, Skip Patterson, Mellisa Kelly, Vernice Coleman, and Linda Grifin. It is a hard job serving sometimes; we have to try and please everyone and their different taste but you made it work!

To Pastor Ross, thank you for being there with us and even teaching a class one night. We appreciate your commitment to our children and the VBS ministry.

It was a great week of Sharing the word of Jesus with a great culmination program on the last evening. Thank you so much to the Board of Christian Education officers and members for your planning and contributions. Great Job!

Mother's Day and Father's Day Breakfasts

The women and men of Morning Chapel were treated with a breakfast to celebrate their special day.

The men of Morning Chapel cooked for the women on Mothers' Day and the Women and Youth of Morning Chapel cooked for the men on Fathers' Day. For each breakfast the menu included eggs, bacon, biscuits, rice, coffee and juice. The women and Youth had to outdo the men by adding pancakes and grits to the menu.

Every one enjoyed the delicious meals.

Morning Chapel Kudos by: Shabra Watkins & Birdia Fletcher



Note from the Editors:

Each issue of the newsletter will have a section for you to list accomplishments, activities, and events of yourself, children, spouse, other family members, and church members. This section is called: Morning Chapel Kudos Please give your Kudos (written) to Birdia Fletcher or Shabra Watkins or email mail to birdia.fletcher@att.net or shabra watkins87@yahoo.com. We look forward to receiving your Kudos for publication.

Thanks, The Voice of the Morning.

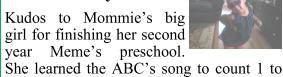
Kudos to Freddie Lee Nolen III (coach) and Freddie Lee Nolen IV (player) for:

1st place finish in the 2015 spring season Trophy Club Roanoke Baseball Association 10 U Recreation league

1st place finish in Flower Mound Youth Sports Association All-Star baseball tournament on June 14th

Kudos to Kaylee

Kudos to Mommie's big girl for finishing her second year Meme's preschool.



15, and the shape triangle. You are growing up so fast and becoming a very smart little girl. Keep God in your heart always. Mommie and Daddy loves you Kaylee!

Dangerfield Duo



Kudos to Anthony Jr. and Ja'Kayla Dangerfield for finishing a very successful year in the 2nd and 5th grade. Your Auntie is very proud of you two and love you very much. Keep up the good work and

allowing God to work in your life. God has big plans for you, so stay strong, and always keep God first in your life and the rest will follow. A scripture your Meme and Papa has reminded me of constantly growing up was, "...I can do all thing, through Christ who strengthens me." Philippians 4:13. Keep this scripture in your heart and you will go far. Love you Guys!!!

Auntie Shunte!

Social Concerns by: Takiyah Evans



Take a musical journey from the early 20thcentury roots of jazz to the diverse sounds of today at the Fort Worth Library's 3rd Thursday Jazz Series,

featuring a dynamic lineup of local and internationally touring artists.

Celebrating our 6th Season!



Curious about this year's performers? You can preview some of their past performances on YouTube playlist.

July 16: Malcolm Robertson & The Road Crew Jazz Band

Led by trombonist and vocalist Malcolm Robertson, this groovy electric group will perform a blend of 1970s-style fusion, R&B and soul. Prepare for a night of fun guaranteed to make you want to dance.

Mosquitoes

Mosquitoes are more than just a nuisance, they also can carry viruses. Reducing the mosquito population and your risk of being bitten by them is the best way to prevent infection. It's as easy as Five by Five. Follow these steps to protect yourself and those in your home:

Avoid going outdoors at dawn and dusk when mosquitoes are most active.

Use insect repellent with DEET, picaridin or oil of lemon eucalyptus on exposed skin.

Wear long sleeves and pants to leave less of your skin exposed. Spraying clothing with permethrin provides extra protection.

Remove mosquito habitats from your property. Drain standing water where can mosquitoes breed, and maintain your swimming pool. Any amount of standing water can give mosquitoes a place to lay their eggs. The city is calling on residents to help control mosquito population by working with your neighbors to find standing water.

For more information on ways to protect yourself, visit the Centers for Disease Control and Prevention website.

Health & Beauty Aids by: Johnette Calhoun

West Nile Virus

West Nile virus is a mosquito-borne illness. Up to 80 percent of people infected with West Nile virus will have no symptoms. However, some infections can result in serious illness or death. People over 50 years of age and those with weakened immune systems are at a higher risk of becoming seriously ill if they become infected with the virus.

Your best defense is to practice these four habits:

Use an approved insect repellent every time you go outside. Approved repellents are those that contain DEET, picaridin or oil of lemon eucalyptus. Follow the instructions on the label.

Regularly drain standing water, including water that collects in empty cans, tires, buckets, clogged rain gutters and saucers under potted plants. Mosquitoes breed in stagnant water.

Wear long sleeves and pants at dawn and dusk when mosquitoes are most active.

Use air conditioning or make sure there are screens on all doors and windows to keep mosquitoes from entering the home.

May, June & July Calendar of Events

	May 8	LeaderCast, Morning Chapel CME Church				
	May 10	Mother's Day, Mother's Day Breakfast, 8:00 a.m. Provided and prepared by the men.				
	May 15	Praise Party, 7:00 p.m.				
	May 17	Church Anniversary				
	May 24	Pentecost Sunday				
	May 29-30	Young Adult Conference, Christian Chapel Temple of Faith, Dallas, TX				
	June 6	Strategic Planning Meeting, 9:00 a.m.—1:00 p.m.				
	June 7	Connectional Stewardess Sunday				
	June 14	Fellowship with New Bethel CME Church to celebrate with them their Pastor and First Lady's First Anniversary, 3:30 p.m., Stephenville, TX.				
	June 14-17	Leadership Training School				
	June 21	Father's Day, Father's Day Breakfast, Provided and prepared by the women and youth				
	June 22-26	Vacation Bible School, 6:30 p.m8:30 p.m.				
June 26-July 4, Missionary Executive Board, Arlington, Virginia. Sis. Beverly Washington is being recognized.						
	June 29	Quarterly Conference, Elder Fuller, 7:00 p.m.				
	July 12	Appreciation for Presiding Elder and Mrs. Fuller				
	July 26	First Year Appreciation for Pastor Willa M. Ross				

Weekly and/or Monthly Events:

Sunday School 9:30am-10:30am Sunday

4th Sunday Membership Training,

January 25—August 30, 2015, 9:30am-10:30am

1st Monday: Steward Meeting 6 pm

Church Conference 7 pm

Mid-Day Bible Study 12:00 noon **Tuesday:**

Wednesday: Prayer Service 6:30 pm

Bible Study 7 pm

Children & Youth Rehearsal 7 pm (2nd Wednesday) Mass Choir Rehearsal 8 pm (1st, 3rd, & 4th Wednesdays

New Organizations!!

The Morning Chapel CME Church Prayer Line will be open every Thursday evening from 8:00 pm until 9:00 pm. The phone number is: 712-775-7031. The ID number is: 609-506-698. Mute:*6... Please be mindful of background noise when calling in.

Greeters - Membership and Evangelism
If you are interested in being a part of the Greeters Ministry or need more details, please contact Anthony Dangerfield

Bridges is a special interest group targeted at Morning Chapel members that are between 36 - 55 years of age. See Sis. Acacia Nolen to become a part of this group.

May, June, & July Birthdays & Anniversaries

Birthdays



1-May	Taniyah Carter				
1-May 4-May 10-May 13-May 14-May 17-May 19-May 25-May	Tamiyah Fletcher Rev. Byrd Lowe Aarron Barron, Sr. Jimmy Coleman Rev. Wendell Cass Cynthia Johnson Isaac Tate IV Michael Kelly Krysti Young	2-Jun 4-Jun 6-Jun 17-Jun 19-Jun 22-Jun 27-Jun 28-Jun	Shauna cass Evan bell Raynard Caldwell, Jr Melissa cool Jamariah Kelly Rhonda ward Yuhsuf Fletcher Rev. Willa M. Ross	11-Jul 11-Jul 13-Jul 18-Jul 18-Jul 20-Jul	Taja Harris Trysta Harris Ilka Maneice Jp Barron Madison young Birdia Fletcher

Anniversaries



Katrina Franklin Katrina Jefferson

> 26-May Nick & Miesha Griffin 21-Jun Jef and Ilka Maneice

Recipe for the Month by: Linda Griffin

Lime-Honey Glazed Chicken



Ingredients

- 6 tablespoons honey
- 6 tablespoons reduced-sodium soy sauce
- 2 teaspoons freshly grated lime zest
- 6 tablespoons lime juice
- 1 teaspoon crushed red pepper
- 4 6-ounce bone-in chicken thighs, skin and excess fat removed
- 2 12-ounce bone-in chicken breasts, skin and excess fat removed, cut in half crosswise

Preparation

Step 1

Mix honey, soy sauce, lime zest, lime juice and crushed red pepper in a large bowl. Add chicken pieces; stir to coat. Cover and refrigerate for 2 hours, stirring occasionally.

Step 2

About 20 minutes before you are ready to grill, preheat a gas grill (with all burners lit) to 400°F or build a fire in a charcoal grill and let it burn down to medium heat (about 400°F).

Step 3

If using a gas grill, turn off one burner (leaving 1 to 2 burners lit, depending on your grill). If using a charcoal grill, move the coals to one side. Remove the chicken pieces from the marinade (reserve marinade) and place bone-side down (with the thick part of the meat facing up) on the unheated side of the grill rack. Close the lid and roast undisturbed for 25 minutes.

Step 4

Meanwhile, place the marinade in a small saucepan over medium-high heat and boil until reduced by about half and thickened to a glaze, 8 to 10 minutes.

Rotate the chicken to other spots on the unheated portion of the grill to ensure even cooking and lightly brush with some of the glaze. Cover and continue roasting, basting once more about half way through cooking, until an instant-read thermometer inserted into the center of the meat with out touching bone registers 165°F, 10 to 20 minutes more.

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by Acacia Nolen **Morning Chapel**

Tidbit & PUZZLE



Answers will be printed in the next Issue

Solution to last issue's puzzle

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