

Voice of the Morning

Morning Chapel Christian Methodist Episcopal Church

December 2014—January 2015

Morning Chapel CME Church

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Reverend Doctor Willa M. Ross,
Pastor
Reverend Russell O. Fuller, Sr.
Presiding Elder
Sr. Bishop Lawrence L. Reddick III,
Presiding Prelate

Schedule of Activities

Sunday School — 9:30 am
Sunday Morning Worship—10:45am
Wednesday--Bible Study — 7:00 pm

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Shuntel Johnson Dangerfield



From the desk of Reverend Doctor Willa M. Ross

Spiritual Forecast for 2015



At the beginning of every New Year I strive to take time to reflect on the events of the past year and take a spiritual inventory. In other words I look back to check where I was at the beginning of the year and the areas in my life where I needed improvement in order to see how I have grown or matured spiritually.

What is involved in taking a spiritual inventory? It is the process in which one sits down and takes a serious look at his or her strengths and weaknesses and then develops a course of action to correct that which is lacking and strengthen that which is good.

On the first Wednesday night Bible study of the New Year, I challenged the participants to reflect on one area in which they need to grow spiritually in 2015. I also shared with them a list of Twelve Spiritual Disciplines to assist them in in developing a plan to mature in their spiritual walk.

Psalm 51:6 says *“Behold thou desirest truth in the inward parts; and in the hidden part thou shalt make me to know wisdom. (KJV)* The Message Bible says it this way: *“I’ve been out of step with you for a long time, in the wrong since before I was born. What you’re after is truth from the inside out. Enter me, then; conceive a new, true life.* Every day we should be seeking the truth from God in order to discern the direction of our spiritual journey. We can only accomplish this through the practicing of spiritual disciplines in our daily lives.

Psalm 90:12 says, *“Teach us to make the most of our time so that we may grow in wisdom.”* (NLT). The question becomes at the beginning of a new year, “How do you plan to make the most of your time so that you might grow in Christ? What is your spiritual forecast for 2015? Is it cloudy and dreary or can you see the sun peeking through the clouds? Are there brighter days ahead?

We cannot grow spiritually in the New Year if we have failed to establish a concrete plan as to how to do it. Thus the need for a spiritual inventory and a commitment to spiritual growth. Unlike the weather we *can* affect our spiritual outcome in the future. It takes commitment and dedication to developing and practicing spiritual disciplines in our everyday lives.

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As you begin a new year I offer you a few questions to stimulate your thinking concerning your spiritual forecast:

- Has my success whether in the secular or the spiritual outweighed my failures?
- Am I more spiritually mature having lived this past year?
- When facing obstacles in my life, did I run from them, try to go around them, pretend they did not exist or did I trust God and stand on my faith?
- Does my life reveal Jesus to my friends and my neighbors?
- Have I robbed God by withholding my time, talents and tithes?
- Am I irregular in attending Sunday school and Bible Study?
- Have I neglected my daily and private prayer time?
- Do I have a stubborn or unteachable spirit?
- What is lacking in my desire to grow more spiritually?

As we begin a new year here at Morning Chapel I challenge each of you to take a spiritual inventory to assess your spiritual forecast for 2015? Which of the questions above describe you? And what will you do to change?

My prayer is that each of you will be moved by the Holy Spirit to commit to develop a plan of personal spiritual growth in 2015. Remember, ***“we can do all things through Christ Jesus who strengthens us.”***

Pastor Ross



Pastor Ross Speaks at the Annual Wiley Gratts Lay Banquet

By: Shabra Watkiins



The Annual Lay banquet was held in November and our own Pastor Willa Ross was the guest speaker. This is an annual observance of the Fort Worth District that pays tribute to Wiley Gratts, a Layman from years ago who was an officer and example for the Lay of the CME Church.

Pastor Ross chose as her subject Discipleship as Laymen and referred to the previous CME theme of Discipleship 2000 as references in her speech and presentation.

A Disciple is a follower or pupil of adherent doctrines- we as followers of Christ are members of the Disciples of Christ.

Pastor Ross shared with the audience her days as a member of the Black Panthers organization and how she was a radical for the movement. She was radical about injustice, job equality, political issues and issues that directly involved the Black American and making a difference and speaking for those with no voice.

She expressed to the Lay that this same approach should be used in our Lay journey. We as Lay CME's must be Disciples of the word and be radical about the service and principals of Christ, to teach and be examples and witness to those that are lost. It was an awesome, powerful speech and received a standing ovation! She shared moments with the Lay group that made everyone think and commit again to what we as Christians are empowered to do in our walk as personal followers of Christ.

Morning Chapel, we are blessed to have this powerful, woman of God here with us. There is so much we have to look forward to. Thank you Pastor Ross for a moving and uplifting presentation. It was great!!

Christmas Program

By: Shuntel Johnson-Dangerfield

Sunday, December 14, 2014 at 4:00pm. Morning Chapel put on their annual Christmas program. The program began with a prayer and introduction from the two Mistress of ceremony Dr. Patricia Harris and Trista Harris. There was a scripture reading done by Indiera Maneice and welcome given by Gabriel Lewis. Then the reindeer express joined the fun. Leading the way to the Temptations, "Rudolph the red nose reindeer was Jovani Harris followed by Avery Evans, Khalun Griffin, Elena Nolen, Kailyn Player, Robyn Paul, and Solomn Tolbert. Some of our reindeers decided to get off the express and bless us with some Christmas Cheer speeches.

After all the Christmas spirit the children blessed us with. The Youth and Young Adults gave us something really to think about as we celebrated during the holidays. They came together and put on a wonderful program entitled, "MC Lifetime Christmas Channel: The Christmas Feast" written by our very own Music Director, Angela Bell. The play was a Lifetime Movie/story about a community pulling together to save a restaurant called Ehop (Earl's House of Pancakes). This restaurant was very special to the community because it invited homeless people in for a meal at no charge on a regular basis and treated homeless people with love and dignity.

Our very own beloved pastor, Reverend Dr. Willa Ross made her acting debut as the community activist Ms. King. Other adults participating were Henry "Skip" Patterson, as Earl, Freddie Nolen III as police Sam, and Linda Griffin as Alice. The Lifetime Channel Announcer played by Robert Evans, Edwin Bell as cook Rico Suave.

Many of the youth stepped in to help like Terrance Bell as Richman Dallas, Evan Bell as Banker 1, Tatum Evans as Hostess Julie, Eric Pollard as Head cook Charlie, Gabrielle Davis as Waitress Kathy, Ethan Bell as John, Egypt Davis as Tracey, Rhian Carter as Annie and Bank Hostess, Trinitee Young as Mother Emily, Xavier Patterson as Norman, Freddie Nolen IV as Banker 2 and Nate, Rheaven Carter as Sallie, Avery Evans as Kid 2 and Michael Young as Kid 1.

The program ended with remarks given by Shabra Watkins, Director of the Board of Christian Education and Michael Watkins, Sunday School Department Director. The remarks were followed by a wonderful benediction given by Pastor Ross. We were told that if you missed the Christmas program you sure did miss a treat. Luckily Next year like always you can have something special to look forward to.

A very special thanks goes out to Angela Bell for helping supply some of the detail about this year Christmas program!



Morning Chapel Young Adults Feed Families for Christmas

By: Katrina Jefferson



This year Morning Chapel and the Young Adult Ministry held its 5th Annual Feeding Families Food Giveaway. Morning Chapel partnered with I Am Works Association

and distributed food to over 30 families for Christmas on Saturday December 21, 2014. Families in need were submitted by church members and the Community Food Bank. Donations were accepted from church members and community partners during the month of November and December to create each basket. A group of about 8 volunteers traveled to First St. John Baptist Church Southlake to assemble the baskets early Saturday morning. Each family received a laundry basket overflowing with food items along with a hen, milk, and bread.

“We weren’t getting the donations or families needed from the church, so it was a lot harder this year. I went to the Community Food Bank and asked people standing in line if they wanted a basket for Christmas. Right when I realized we didn’t have enough donations to get the food, Taniyah called me and said I Am Works had food that she needed help giving away! God answers prayers!” said Tori Evans, Food Giveaway organizer.

One of our Young Adults, Taniyah Carter is the founder and CEO of I Am Works Association. I Am Works Association is organized to provide educational and job-training programs at the community level to assist aged, visually impaired, disabled, economically disadvantaged, unemployed, and any other persons interested in receiving services. Young Adults Tamiyah Fletcher and Tori Evans also serve on the Board of Directors of the association.

Basket recipients were invited to attend Christmas Sunday Morning Worship and received their baskets after service. The Men’s

Ministry and some of our strong youth assisted with delivering baskets to the visitor’s cars. “Each basket weighed about 20 lbs, so we were glad to have the help” said Katrina Jefferson, Young Adult Director.

A big THANK YOU to everyone who donated, coordinated, volunteered, contacted, picked up, or gave names of families to make this event a great success.

Outing with the Children and Youth

By: Takiyah Evans



Christmas is a time for family, fellowship and praise. The children and youth were provided any opportunity to attend **Jubilation II – The Colors of Christmas** at the Jubilee Theatre on December 28th. The Jubilee Theatre has a proud history of celebrating the holidays with music that warms the heart and ignites the “spirit”.

Jubilation II – The Colors of Christmas continues that time honored tradition in grand style. Brimming with old time R&B favorites – reimaged and mixed with familiar holiday tunes, this groovy review brought back memories of Christmas past for those not so young and created Christmas memories for this generation. We clapped and sang as we shared in the special holiday cheer. Everyone left the theatre filled with the spirit of the season.



CME & Church News

Morning Chapel's Leadercast



THE BRAVE ONES

May 8, 2015

Brave leaders disrupt industries through innovation, stand firm in the face of opposition, and embrace risk. Join a community inspired by those who demonstrate bravery and leave equipped to take on your next leadership challenge.

leadercast.com
@leadercast

Join Us
 May 8, 2015
 8:00am – 3:30pm
 Morning Chapel
 Member Tickets
 - \$55

Starts February 7, 2015

Morning Chapel CME Church

Rock Respect
 ACADEMY

See Christal Griffin for application and information

The Rock Respect Academy Program is designed to prepare young people, grades 3—12 for service and leadership in the global society.

The program will address character building, personal grace and etiquette, leadership skill development, communication skills and much, much more'

Youth completing the challenges of the Program will be equipped with tools necessary to affect positive change in their lives and communities. The participant will increase self-sufficiency and social skills that maximize independence through a universal value system that encourages responsibility to self, family, and community wellness. Their increased social behaviors and improved health practices will enable them to deal successfully with the challenges of adolescence and prepare them for the independence and responsibilities of being mainstream students, workers and citizens.

This program is based on the principle that "the move from childhood to adulthood is planned, not accidental." We must help young people prepare and plan for adult life.

Connection Youth and Young Adult Week January 25, 2015 – February 1, 2015

From the Board of Christian Education

- Christian Youth Fellowship (CYF)
 - To train young people in Christian living
 - To enable them to enrich their lives through worship, bible study, discussion, Christian serve, and recreation.
 - To help them solve personal and social problems in light of the life and teachings of Christ.
 - To offer them opportunities for self-expression and exercise in the duties, functions and responsibilities of the church.
 - To provide opportunities for interaction with other youth in facing social problems.

2015 EngineerGirl Essay Contest — Engineering in Sports

Engineers are essential to the way we live. They help to keep us safe and healthy, make sure we have enough to eat, get us from one place to another, and they even shape the way we play. Consider your favorite sport, and then think about all the different kinds of technologies that are used in playing, scoring, or training for that sport. From something as seemingly-simple as the fabric for a uniform to high-speed cameras and biosensors, technology is essential to the way we experience sports, and engineers make all those technologies possible!

In your own words describe **ONE** technology used in a sport that you enjoy, and tell how different types of engineers contributed to its design and manufacture. Explain why the technology was developed (What problem were the engineers trying to solve?). Explain the constraints engineers faced in developing a solution and why specific design choices were made (i.e., Would adding functionality make it too big or too fragile or would a stronger design be too expensive?). Describe the design process that engineers will use to improve the technology in the future. Include details about how different engineering disciplines may be involved in that process.

All essays must be original work, and resources must be clearly cited. Guidelines for length are indicated below:

Grades 3–5: 400 to 700 words

Grades 6–8: 600 to 1100 words

Grades 9–12: 1000 to 1500 words

We want to hear from you! Make sure to review the [Contest Requirements and FAQs](#), and submit your essay by **March 1, 2015 at 6:00 pm EST**.

Visit <http://www.engineergirl.org/22826.aspx> for more information

National Ag Day Essay Contest

The Agriculture Council of America (ACA) calls on **9th to 12th** grade students to submit an original,

450-word essay or a two-minute video essay about the importance of agriculture. This year's theme is "Agriculture: Sustaining Future Generations" and the **deadline is January 30, 2015**.

The national written essay winner receives a \$1,000 prize and round-trip ticket to Washington, D.C., for recognition during the Celebration of Ag Dinner held March 18 at Whitten Patio at the USDA. During dinner, the winner will have the opportunity to read the winning essay as well as join with industry representatives, members of Congress, federal agency representatives, media and other friends in a festive ag celebration. The video essay winner wins a \$1,000 prize, and the winning video will play during the Celebration of Ag Dinner.

Visit <http://www.agday.org/media/pr6.php> for more information

Barbara Jordan Historical Essay Competition

Competition Theme - African Americans in Texas: Past and Present - Essays should focus on individuals or groups who are not well-known figures but who have made significant contributions to African American history or culture in Texas. Students should look first to their local communities for possible essay topics.

Entry Deadline, March 2, 2015 - Entries will be submitted electronically. All essays received on or before March 2, 2015, that meet the basic requirements of the competition will be entered for judging.

Any student in grades 9-12 who attends a UIL member high school is eligible to enter.

Visit <http://www.uiltexas.org/academics/essay-contests/barbara-jordan> for more information

Morning Chapel Kudos

by: Shabra Watkins & Birdia Fletcher



Note from the Editors:

Each issue of the newsletter will have a section for you to list accomplishments, activities, and events of yourself, children, spouse, other family members, and church members. This section is called: Morning Chapel Kudos. Please give your Kudos (written) to Birdia Fletcher or Shabra Watkins or email mail to birdia.fletcher@att.net or shabra_watkins87@yahoo.com. We look forward to receiving your Kudos for publication.

Thanks, The Voice of the Morning.

Congratulations to Taja Mierra Harris,

Debutante AKA Sorority November 15, 2014. Taja is a senior at Temple Christian School. Taja is a member and captain of her school women's varsity basketball team, member of cheerleading squad, track team, volleyball team, and color guard. She participates in the school choir and ensemble where she made it to state two consecutive years. She is also a member is Jack and Jill of America, Inc. Taja's college goal is to attend the University of Texas or Houston Baptist University to pursue a career in the medical field.

Kudos and Congratulations are in order to Morning Chapel's own, Micaela S. Watkins.

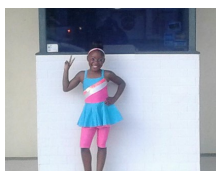
She was crowned Ms. Black America Coed, 2015 in Houston, Texas in November. Micaela won the Most Photogenic, Most Fit and Miss Congeniality categories also with her title. Her platform for the pageant was sickle cell anemia awareness that she will continue to promote during her reign.

Micaela is the daughter of Micheal and Shabra Watkins and the Granddaughter of Jimmy and Vernice Coleman, Sr. and the Granddaughter of Robbie Watkins.

Congratulations to you Micaela! We are so proud of you!!

Kudos to the Dangerfield Duo

On December 14, 2014 while the annual Christmas program was at its best; Ja'kayla and Anthony (AJ) Dangerfield represented for Morning Chapel C.M.E church youth. Although sad not to be



able to join the other youth Ja'kayla danced her heart out in the dance company winter performance. Her bright smile and twinkle toes brought family and friends to their feet. Her brother Anthony didn't let Ja'kayla get the entire spotlight. Anthony shined in the background doing his brotherly duties by making sure his baby sister's night was perfect. He assisted in the back working the lights and sound system. We are so proud of the duo. Ya'll keep working together, strive to always do your best and always put God first.



Congratulations to Trysta Mariel Harris,

Debutante AKA Sorority November 15, 2014. Trysta is a senior at Temple Christian School. Trysta received the "All Around Eagle" award for playing multiple sports (basketball, track, volleyball, cheerleading, and school mascot). She is also a member of choir and ensemble. Other activities include Texas Girls Choir and the Texas Frontline AAU basketball team. She also has volunteered at the Tarrant County Food Bank and various Health Fairs. Trysta's college goal is to attend University of Oklahoma or Sam Houston State University to pursue a career as a lawyer.



The City of Fort Worth, Texas

Fort Worth is the 17th-largest city in the United States of America and the fifth-largest city in the state of Texas. Located in North Central Texas, the city is a cultural gateway into the American West and covers nearly 350 square miles (910 km²) in Tarrant, Denton, Parker, and Wise counties—serving as the seat for Tarrant County. According to the 2013 census estimates, Fort Worth had a population of 792,727. The city is the second-largest in the Dallas–Fort Worth–Arlington metropolitan area. Fort Worth was the fastest-growing large city in the United States from 2000 to 2006 and was voted one of "America's Most Livable Communities."

The city was established in 1849 as an Army outpost on a bluff overlooking the Trinity River. Today Fort Worth still embraces its Western heritage and traditional architecture and design. USS *Fort Worth* (LCS-3) is the first ship of the United States Navy named after the city.

Building on its frontier western heritage and a history of strong local arts patronage, Fort Worth has, in recent years, begun promoting itself as the "City of Cowboys and Culture". Fort Worth has the world's largest indoor rodeo.

Fort Worth is home to the Kimbell Art Museum, considered to have one of the best collections in Texas, and housed in what is widely regarded as one of Texas' foremost works of modern architecture. Also of note are the Modern Art Museum of Fort Worth and the Amon Carter Museum, the latter of which houses one of the most extensive collections of American art in the world, in a building designed by Philip Johnson.

The city is also home to Texas Christian University, Texas Wesleyan University, University of North Texas Health Science Center, Texas A&M University School of Law and many multinational corporations including Bell Helicopter,

Lockheed Martin, American Airlines, Radio Shack, and others.

The Fort Worth Zoo is home to over 5000 animals and has been named as a top zoo in the nation by *Family Life* magazine, the *Los Angeles Times* and *USA Today* and one of the top zoos in the South by *Southern Living* Reader's Choice Awards; it has been ranked in the top 10 zoos in the United States.

While much of Fort Worth's sports attention is focused on the Metroplex's professional sports teams, the city has its own athletic identity. The TCU Horned Frogs compete in NCAA Division I Athletics, including the football team, consistently ranked in the Top 25, and the baseball team, which has competed in the last six NCAA Tournaments and came within a win of making the College World Series in 2009. The women's basketball team has competed in the last seven NCAA Tournaments. Texas Wesleyan University competes in the NAIA, and won the 2006 NAIA Div. I Men's Basketball championship and three-time National Collegiate Table Tennis Association (NCTTA) team championships (2004–2006). Fort Worth is also home to the NCAA football Bell Helicopter Armed Forces Bowl, as well as four minor-league professional sports teams. One of these minor league teams, the Fort Worth Cats baseball team, was reborn in 2001. The original Cats were a very popular minor league team in Fort Worth from the 19th century (when they were called the Panthers) until 1960, when the team was merged into the Dallas Rangers.

Check next month for more interesting facts about Fort Worth, Texas

The Best (and Worst) Beauty Secrets Grandmas Have Sworn By

Grandmas love to dole out words of wisdom—whether you want to hear them or not. Their wealth of knowledge extends to the beauty world, but whether their tips are worth their salt (or Vaseline) is another story. Here, Women's Health readers share the beauty regimens their grandmothers recommended—the good, the bad, and the just plain weird.

Vaseline Works. "Grandma always relied on Vaseline for pretty much every beauty trick in the book. Makeup remover? Vaseline. Dry skin? Vaseline. Chapped lips? Vaseline. I tried to fight it and use fancy products instead, but in the end I always end up coming to Vaseline. It's a lifesaver." Kathy H.

Get Your Beauty Sleep. At least six hours, but the more the better. Grandma loved to sleep. Her favorite part of this 'tip' is probably the most important—if you can't sleep, a glass of wine will always help." —Rachel M

Melt Eyeliner with Matches. "It makes it go on like butter. This also goes for other, more modern heating methods like using your hairdryer. Grandma would want me to use my technology."—Jordan S.

Never Use a Hairbrush. "I have the absolute thickest hair on the planet, and otherwise it would have frizzed like crazy." —Raina B.

RELATED: An NBA Dancer Explains How She Looks So Amazing Post-Workout

Get a Second Opinion. "I remember distinctly my grandma telling me my bangs were ugly right after I cut them when I was little, if that counts. Now, before I make any drastic decisions, especially hair-wise, I make sure to ask someone else what they think." —Kyra S.

Use Drugstore Products. "My grandma was all about things that served more than one purpose, like using Spic and Span [a house cleaner] as shampoo. It ended up turning her hair green, so not so much on that one. But I did learn from her thriftiness that drugstore products are just as good as high-end stuff, at least most of the time." —Laurel B.

Never Pull on Your Eye to Apply Eyeliner. "One day you'll pull, and it won't go back,' my grandmother used to tell me." —Kaeleigh W.

Always Wear Lipstick. "She never went out of the house without it if she could help it. I think it was not a vanity thing, but it was her way of getting ready to take on the world. I definitely feel a sense of being 'put-together' and empowered when I wear it." Elisabeth G.

Keep Dryer Sheets In Your Purse "She taught me and my best friend that dryer sheets can smooth static out of your hair—like on a dry winter day, just sweep a sheet over your hair and it goes away like magic. Oh, and you can rub them on deodorant spots on clothes to get the white off!" —Hannah R.

Sleep On A Satin Pillowcase. "She called them 'pillow slips'—I guess they kind of are like lingerie for your pillow. But she swore that sleeping on silk would keep the wrinkles away. I was never old enough to really think much about it as a tip, but now it keeps popping up in my memory. Maybe it's her telling me I need to invest." —Danielle P.

December & January Calendar of Events

| | |
|------------|--|
| Dec. 7 | Region Phyllis H Bedford Tea |
| De. 14 | Christmas Program, 4:00 pm and CME National Founder's Day |
| Dec. 21 | Feeding Families |
| Dec. 25 | Christmas |
| Dec. 28 | Jersey Sunday and Children & Youth Jubilee Theater Outing 3:00 pm |
| Dec. 29 | 1st Quarterly Conference, Elder Russell Fuller, Sr. |
| Dec. 31 | Watch-Night 10:30 pm, Guest: Rev. Dr. Sheryl Matlock and the Allen Chapel Family |
| Jan. 1 | New Year's Day |
| Jan. 3 | Bridges Meeting 11:00 am at Mini's Café |
| Jan. 6 | Noon Bible Study Begins |
| Jan 12-16 | Pastor's Conference |
| Jan. 17 | Dreamkeepers Workshop. 10:00 am—1:00 pm |
| Jan. 18 | Steward's Day |
| Jan. 25-31 | Youth & Young Adult Week |
| Jan. 30-31 | District Usher's Retreat |
| Jan. 31 | Young Adult Training |

Weekly and/or Monthly Events:

| | |
|--------------------|---|
| 1st Monday: | Steward Meeting 6 pm Church Conference 7 pm |
| Tuesday: | Mid-Day Bible Study 12:00 noon |
| Wednesday: | Prayer Service 6:30 pm Bible Study 7 pm Children & Youth Rehearsal 7 pm (2nd Wednesday) Mass Choir Rehearsal 8 pm (1st, 3rd, & 4th Wednesdays) |

New Organizations!!

Prayer Line

The Morning Chapel CME Church Prayer Line will be open every Thursday evening from 8:00 pm until 9:00 pm. The phone number is: 712-775-7031. The ID number is: 609-506-698. Mute:*6... Please be mindful of background noise when calling in.

Greeters - Membership and Evangelism

If you are interested in being a part of the Greeters Ministry or need more details, please contact Anthony Dangerfield

Bridges

Bridges is a special interest group targeted at Morning Chapel members that are between 36 - 55 years of age. See Sis. Acacia Nolen to become a part of this group.

December & January Birthdays & Anniversaries



Birthdays

| | | | |
|--------|------------------|--------|--------------------|
| 13-Dec | Acacia Nolen | 1-Jan | Michael Young, III |
| 14-Dec | Aisha Barron | 6-Jan | Geraldine Manning |
| 17-Dec | Monique Fletcher | 7-Jan | Corey Woods |
| 17-Dec | DJ Preston | 18-Jan | Dietra Dangerfield |
| 22-Dec | Vernice Coleman | 18-Jan | Michael Young, Sr. |
| 25-Dec | Leonard Roberts | 20-Jan | Paula Patterson |
| 29-Dec | Angela Bell | 22-Jan | Thomas Jefferson |
| 30-Dec | Alvin Barron | 28-Jan | Khalun Griffin |
| 30-Dec | William Barron | 30-Jan | Emma Caldwell |
| 30-Dec | Armintha Brown | 31-Jan | Yvette Caldwell |
| 30-Dec | Adina Washington | | |
| 31-Dec | Shenay Hunter | | |



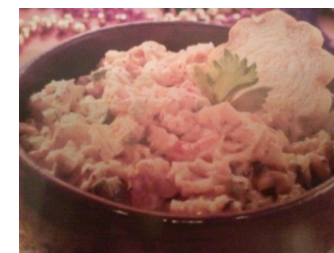
Anniversaries

- 4- Dec Jimmy & Vernice Coleman
- 30-Dec Robert & Takiyah Evans
- 5- Jan Rev. Wendel and Shauna Cass



Recipe for the Month by: Linda Griffin

NEW ORLEANS CRAB SALAD



Ingredients

4 Ounces reduced -fat cream cheese(softened)
 1/2 cup fat -free mayonnaise
 1package (8 ounces) imitation crabmeat,
 chopped
 1/4 cup chopped celery
 1/4 cup chopped green bell pepper
 1 garlic clove, pressed
 1 1/2 teaspoon Cajun Herb Seasoning Mix
 Toasted Miniature Bread Slices or any crackers

Preparation

1. Place cream cheese in small batter bowl, microwave on high for 30 seconds, or until softened. Add mayonnaise and whisk until smooth. Chop crabmeat , celery and bell pepper.
2. Add crabmeat, celery, bell pepper, garlic & seasoning mix to cream cheese mixture; mix well. Cover & refrigerate 3 hours to allow flavors to blend. Serve with Toast-ed Miniature Bread Slices or crackers

Tidbit & PUZZLE

Test Your Knowledge

1) "The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. _____." (NRSV)

- A. Do these and you shall live.
- B. Observe these always.
- C. There is no law against such things.
- D. These are the commandments of our Lord, Jesus Christ.

2) "You will not surely die," the serpent said to the woman. "For God knows that when you eat of it your eyes will be opened, and you will be like God, _____." (NIV)

- A. knowing good and evil
- B. seeing all, knowing all
- C. master of the garden
- D. knowing all in heaven and earth

3) Who said, "Lord, I believe; help thou mine unbelief"? (KJV)

- A. The apostle Paul
- B. The apostle Peter
- C. The father of a boy possessed by an evil spirit
- D. The Pharisee Nicodemus

4) "_____ goes before destruction, a haughty spirit before a fall." (NIV)

- A. Greed
- B. Hatred
- C. Jealousy
- D. Pride

5) "Then you will know the truth, and the truth will _____." (NIV)

- A. set you free
- B. save you from sin
- C. save you from Satan
- D. shine like the sun

6) "In everything do to others _____; for this is the law and the prophets." (NRSV)

- A. as you would have them do to you
- B. as the Lord commands
- C. as the law commands
- D. before they do it to you

7) "They will beat their swords into _____ and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore." (NIV)

- A. chalices
- B. hammers
- C. shepherd's staffs
- D. plowshares

8) "It is easier for a camel to go through the eye of a needle than for _____ to enter the kingdom of God." (NIV)

- A. a proud man
- B. a rich man
- C. a sinner
- D. the ungodly

9) "If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, _____." (NRSV)

- A. cannot save you
- B. is dead
- C. is no faith at all
- D. will not feed the hungry

10) "The harvest is plentiful, but _____."

- A. the sheaves are few
- B. many will be hungry
- C. the laborers are few
- D. there will be seven years of famine

Answers will be printed in the next Issue

Solution to last issue's puzzle

Wordsearch

Phrase = May the people praise you, O God
Psm. 67:3 niv