



*The Rock Respect
Academy 2012*



The Rock Respect Academy

Program Overview

The program is designed to facilitate, build and strengthen the following life skill competencies in our youth:

- Social
- Moral
- Emotional
- Physical
- Cognitive

The program participant transitions into adulthood through the passing on of knowledge and tradition by trained and certified Leaders from the community. The Leaders facilitate the youth through numerous challenges, experiential exercises and workshops.

Overall Program Goal

- To encourage academic achievement and excellence.
- To develop character and good citizenship.
- To prompt positive attitudes and behavior.
- Provide a proper foundation necessary to lead fulfilling lives.

Program Outcome

Youth completing the challenges of the Program will be equipped with tools necessary to affect positive change in their lives and communities. The participant will have attained increased self-sufficiency and social skills that maximize independence through a universal value system that encourages responsibility to self, family and community wellness. Their decreased anti-social behaviors and improved health practices will enable them to deal successfully with the challenges of adolescence and prepare them for the independence and responsibilities of being mainstream students, workers and citizens.

The Program Layout

The empowerment tools utilized in The Rock Respect Academy Program consist of a well-developed curriculum that provides tools, which enable youth to deal successfully with the challenges of adolescence, help them establish a foundation of concrete skills and prepare them for independence and responsibilities of adulthood.

Life's Purpose

Personal Development
Etiquette
Setting Goals

Personal Health

• Health Realization • Hygiene • Diet • Exercise

Healthy Relationships

Choosing Close Friends • Family

Spirituality and Personal Integrity

Values, Morals & Principles • Faith • Decision Making

Financial Literacy

Entrepreneurship Training
Investing in the Stock Market
Banking
Credit Management
Budgeting

Political Literacy

Political Activism • Community Service

Conflict Resolution

Creative Expression and Appreciation

Media Images
Creative Outlet
Technology

Career and Life Planning

Academic Achievement

Speed Reading
Mind Mapping
Test Taking Skills
Transitioning from Middle School to High School
Transitioning from High School to College
Financial Aid

Respecting the Environment

Program Staff

Community Project

Program Directors

Monti Kamau

Shabra Watkins

Program Coordinators

Takiyah Evans

Christal Griffin

Program Committees

Program Committee
Banquet Committee

Fundraising Committee
Public Relations Committee

Code of Conduct

Students participating in this program are expected to behave in a Christian-like manner. This means disruptive behavior of any kind is unacceptable. Should a student speak disrespectfully; refuse to follow an instruction given by an instructor; disrupt the class discussion, or is verbally or physically abusive, the student will be removed from the class and directed to the office of the Pastor for counseling. Any student removed from class for such behavior may return to class with the approval of the Pastor. Parents will be notified when the student is removed.

Culmination Ceremony

All students will participate in the Culmination Ceremony. Tickets will be available for parents and guests to purchase, all tickets must be purchased by the designated deadline.

Award and recognition will be given during the ceremony to each student that meets the necessary requirements as outlined by the program committee.

Attire for Ceremony

The attire for the ceremony is semi-formal (jackets and ties for the young men and appropriate evening attire for the young ladies)

Girls will wear the following:

- A white tea length dress, white hosiery and white shoes.
- Girls wearing sizes 8 -16 can purchase dresses from Burlington Coat Factory.
- Girls wearing misses sizes 0 and up can purchase dresses from any local bridal store.

Boys will wear the following:

- Black suit with white shirt, black tie and black shoes
- Boys ages 8 – 12 will wear a black suit.
- Boys ages 13 – 18 will wear a tuxedo that can be rented from any local men's shop.

MORNING CHAPEL

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